

Recreational Therapy Aide Job Description

"To glorify God by providing a continuum of care and services that demonstrates the love and compassion of Jesus Christ."

Position Summary: Lead quality programming for residents in an environment that promotes their rights, dignity, freedom of choice, and their individuality.

Essential Responsibilities:

- 1. Facilitate a variety of group programming to engage with residents and meet the different domains of health such as physical, cognitive, emotional, social and spiritual. Programs may include: cardio drumming, flower arranging, seated yoga, painting and more!
- 2. Chart daily activity participation and attendance for all residents.
- 3. Initiate one-on-one activities for individual residents based upon their functional level, including but not limited to, pampering, playing music, reading and conversation.
- 4. Clean and maintain the activity equipment and rooms/areas.
- 5. Assist and direct volunteer support.
- 6. Participate in resident outings and bus trips.
- 7. Develop and maintain a good rapport with all units involved with the care plan to ensure that a team effort is being achieved in developing a comprehensive plan of care specific to the individual's personality and daily living.

Knowledge, Skills & Abilities:

- 1. In progress or completion of HS Diploma or GED.
- 2. Ability to speak clearly and loudly when leading activities and announcements.
- 3. Effective verbal communication and re-directional skills.
- 4. Must be able to work weekends if the employee is full or part time.
- 5. Knowledge of the use and applications of various computer programs.

Education, Training, Experience:

- 1. College course work in social work, gerontology, or human services and/or previous experience working with the elderly preferred.
- 2. Ability to establish and maintain effective working relationships with staff, management, and residents.

Nonessential Responsibilities:

- 1. Ensure customer/client satisfaction.
- 2. Perform related duties as assigned.

Required Licenses, Registration, and/or Certifications:

1. N/A

Physical Demands and work Environment:

The physical demands and work environment characteristics described here are representative of those that must be met by an employee to successfully perform the essential functions of their job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

Physical Demands:

- The employee is required to stand and/or walk for extended periods of time; handle or feel objects, tools or controls; reach with hands and arms; balance; bend; twist, stoop; kneel or crouch; sit; talk and speak clearly to a range of audience sizes with varying abilities to hear and/or comprehend; hear; carry, push and pull.
- The employee must be able to lift up to 50 pounds and push/pull/move up to 50 pounds when transporting residents to and from activities and/or loading the bus. Specific vision abilities required by the job include close vision, distance vision, color vision, peripheral vision, depth perception, and the ability to adjust focus.

Work Environment:

- While performing the duties of this job, the employee is exposed to weather conditions prevalent at the time.
- The noise level in the work environment is usually moderate.